

**CHILDREN
FIRST** Protecting
Scotland's
Children



**CHOOSE YOUR
CHALLENGE
TODAY!**

YOU CAN PROTECT SCOTLAND'S CHILDREN

Choose your charity challenge and make a difference.

BE A CHILDREN FIRST CHAMPION!



Your support makes a huge difference

Here you will find what events we have coming up in the year ahead and how you can get involved.

We can't wait to welcome you to the team.

Let's protect Scotland's children **together.**

RUNNING EVENTS



Fancy taking on a running challenge? Lace up your trainers and sign up today!

Whether you are a seasoned runner or just want to find a new hobby - there is a running challenge for everyone. From kids races and 5K to Team Relays and full marathons. Give your miles a purpose in 2026.

Location: all across Scotland.

Register here!



“Throughout training I was raising money for Children First and this was a fun experience.”

Samantha
EMF Runner



THE KILT WALK



Take part in this iconic walk in aid of Children First.

Join thousands of others as you march through the stunning surrounds of Aberdeen, Dundee, Edinburgh or Glasgow, united in tartan to make a difference for children and families in Scotland that need it most.

Dates: April to September.

Distances: Might Stride, Big Stroll and Wee Wander.

Register here!



ABSEIL



Abseil the tallest whisky distillery in the world this year!

Descend from 131 ft, overcome your fears and take on this challenge to protect Scotland's children.

Join us for this adrenaline-pumping challenge today!

“Thanks for the opportunity to do the abseil this weekend, we had a blast! The team on the ground was so great and supportive and thanks for all the communication in the run up!”

Farah and Callum. Port of Leith Distillery Abseil participants.

A photograph showing two people participating in an abseil challenge. In the foreground, a man with a beard and sunglasses, wearing a white helmet and a dark blue t-shirt, is suspended in the air, holding onto ropes. He is wearing a harness and gloves. In the background, a woman wearing a white helmet and a dark blue t-shirt with 'CHILDREN FIRST' written on it is also suspended. They are positioned on a wooden platform overlooking a large body of water, likely a harbor or port. The sky is overcast.

**LIMITED
SPACES!**

childrenfirst.org.uk/get-involved/events 5.

THE SKYDIVE



Take to the skies for Children First with the ultimate adrenaline rush!

Imagine the thrill of jumping from an aircraft at a breathtaking 13,000-foot altitude, hurtling towards the Earth at speeds exceeding 120 miles per hour. This exhilarating freefall is an adventure like no other, and will give you memories to last a lifetime!

Location: Multiple across Scotland.



Tamzin and Jackie bravely completed their 10,000 feet skydive and raised a brilliant £930 to give back and keep supporting children and young people like Tamzin.



“Children First have also helped me and Jackie merge as a family unit better and get on with each other a hell of a lot better. I don’t know where I’d be without my auntie Jackie. And I know for a fact that our relationship wouldn’t be where it is today without the help and support from and everyone else at the service. I am so thankful to have them in my life!!”

Tamzin. Young person supported by Glasgow service

THE CAKE SALE



Show off your baking skills and fundraise to protect children in Scotland

Whether you are a passionate baker or just wish to have a fun time with friends, family or colleagues, put your aprons on and take on the delicious challenge of fundraising for Children First.



Let us know about your baking plans and get your free fundraising pack.

DO YOUR OWN THING



Let us know about your plans here:

Stand up for every child in Scotland at any occasion!

Are you part of a club, thinking of organising your own charity event or celebrating a birthday fundraiser?

Whatever it is you have in mind, tell us what you're planning to do to support children across Scotland, and one of our friendly fundraisers will get in touch to chat it through with you and give you all the support you need.



Do you need a bit of inspiration? Our friendly fundraising team is here to support you every step of the way.



REQUEST YOUR COLLECTION TIN AND SHOW YOUR SUPPORT.

Request one of our charity collection tins and help turn spare change into positive change. Together, local businesses can make a powerful difference to protect children across Scotland.

50 MILES IN FEBRUARY & SEPTEMBER

Take on our walking challenge for a month!

Walk solo, or with family, friends and colleagues. Every step you take will bring us closer to create a brighter future for the next generation of children in Scotland.

Lace up and
start walking
with purpose.



ON MUTE MAY

Can you free yourself from Facebook, escape from X, isolate yourself from Instagram? Whatever your favourite platform, do you have the willpower to ditch it?

Cut your screen time by half, take weekends offline or go cold turkey for the whole month! Spread the word and ask friends and family to sponsor you.

It is your
challenge,
your way.
Sign up today.



LET'S GET
STARTED!



CONTACT US

For more information about our charity events contact
Children First Events Team.

Phone: **03451080111** Email: **fundraising@childrenfirst.org.uk**

Visit: childrenfirst.org.uk/get-involved/fundraising-for-children-first/
childrenfirst.org.uk/get-involved/events/

SIGN UP TO ANY
EVENT TODAY



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